



Notice to Texas Consumers

Under House Bill 4224 (89th Regular Session) and Section 181.105 of the Texas Health and Safety Code, Texas-licensed behavioral health providers are required to make the following consumer information publicly available.

Consumer Rights

Consumers have the right to:

- Request access to their health care records from the licensee
- Contact the [Texas Behavioral Health Executive Council \(BHEC\)](#)
- File a consumer complaint with the [Office of the Attorney General's Consumer Protection Division](#)

Health Care Records Requests

Consumers may request access to their health care records maintained by this practice.

To request health care records:

- Send a fax to 931-346-0024 or email a request to Dyani.saxby@reddeerpsych.com
- While processing requests, the practice will follow all applicable state and federal laws.
- Fees may apply as permitted by law.

Complaints to the Texas Behavioral Health Executive Council (BHEC)

Consumers may contact the Texas Behavioral Health Executive Council regarding Texas-licensed behavioral health providers.

To learn more about the complaint process relevant to behavioral health in Texas, please visit [BHEC's Discipline and Complaints page](#).

Complaints to the Office of the Texas Attorney General

Texas consumers may file complaints with the Office of the Texas Attorney General. Current instructions are on the [Office of the Texas Attorney General Consumer Protection Division](#) page.

Compliance Statement

I provide this notice in compliance with Texas state licensing requirements and Section 181.105 of the Texas Health and Safety Code.

Please note that Red Deer Sleep and Health Psychology providers are licensed in Tennessee and authorized by PSYPACT to practice psychology with clients in Texas. Please see Red Deer Sleep and Health Psychology's HIPAA and Privacy Notice for details on how to contact the Secretary of the U.S. Department of Health and Human Services or to learn more about the complaint process relevant to behavioral health in Tennessee.

Questions

If you have questions that are not answered on this page, please email
Dyani.saxby@redddeerpsych.com